

## ***KEY 3: CONSISTENCY***

“Now your senses are starting to come alive as you’re being given the keys to unlocking the power that is found in Communion. Now you’re understanding the heritage that was yours all along.

Are you mad at the villain in your story so far? Good. Because this is where your narrative is starting to change. This is the transition and transitions can be a little tricky.

The villain has made sure you’ve settled down into a nice routine in your faith. He’s kept your faith quite contained. Same old routine, same old faith, nothing changing.

That’s because the villain in your story so far has whispered in your ear all sorts of lies.

“You’re not ready for this change. Taking Communion every day is just going to suck up precious time that you really do not have. Do you really want to become one of those ‘radicals’ whom everyone looks at weird? How are you going to fit in Communion with everything else you’re doing?”

Does this narrative sound familiar?

Re-telling the story over and over again as you take Communion helps you to cherish the truth, it helps you to become persistent, steadfast, tenacious, unshakable in your faith, so you don’t go back to the bondage of your past.”

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## ***SCRIPTURES TO HELP YOU***

Jesus is the same yesterday and today and forever.  
Hebrews 13:8

Let us hold fast the confession of our hope without wavering, for he who promised is faithful.  
Hebrews 10:23

Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change.  
2 Timothy 2:2

# QUESTIONS

1)Where have you been tempted to give up on something but decided to persevere and saw the fruit of your labor?

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2)How do you think Communion will benefit you if you make it a daily habit?

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